

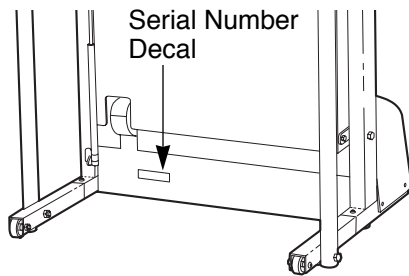
PRO-FORM[®] J4i

P O W E R I N C L I N E

Model No. 831.297212

Serial No. _____

The serial number is found in the location shown below. Write the serial number in the space above for future reference.



EXERCISE
EQUIPMENT

QUESTIONS

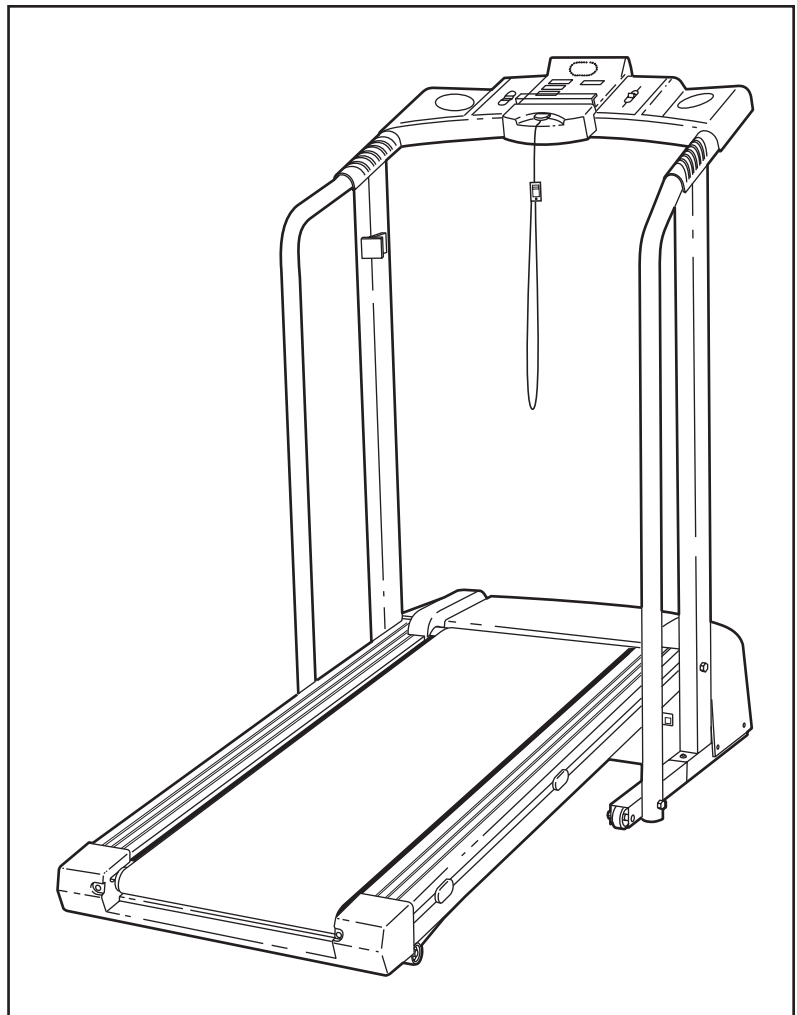
HELPLINE!

1-800-736-6879

CAUTION

Read all precautions and instructions in this manual before using this equipment. Save this manual for future reference.

USER'S MANUAL



SEARS, ROEBUCK AND CO., HOFFMAN ESTATES, IL 60179

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Note: An EXPLODED DRAWING and a PART LIST are attached in the center of this manual. Save the EXPLODED DRAWING and PART LIST for future reference.

IMPORTANT PRECAUTIONS

⚠ WARNING: To reduce the risk of burns, fire, electric shock, or injury to persons, read the following important precautions and information before operating the treadmill.

1. It is the responsibility of the owner to ensure that all users of this treadmill are adequately informed of all warnings and precautions.
2. Use the treadmill only as described.
3. Place the treadmill on a level surface, with 8 feet of clearance behind it. Do not place the treadmill on a surface that blocks any air openings. To protect the floor or carpet from damage, place a mat under the treadmill.
4. Keep the treadmill indoors, away from moisture and dust. Do not put the treadmill in a garage or covered patio, or near water.
5. Do not operate the treadmill where aerosol products are used or where oxygen is being administered.
6. Keep children under the age of 12 and pets away from the treadmill at all times.
7. The treadmill should be used only by persons weighing 250 pounds or less.
8. Never allow more than one person on the treadmill at a time.
9. Wear appropriate exercise clothing when using the treadmill. Do not wear loose clothing that could become caught in the treadmill. Athletic support clothes are recommended for both men and women. Always wear athletic shoes. Never use the treadmill with bare feet, wearing only stockings, or in sandals.
10. When connecting the power cord (see page 7), plug the power cord into a surge suppressor (not included) and plug the surge suppressor into a grounded circuit capable of carrying 15 or more amps. No other appliance should be on the same circuit. Do not use an extension cord.
11. Use only a single-outlet surge suppressor that is UL 1449 listed as a transient voltage surge suppressor (TVSS). The surge suppressor must have a UL suppressed voltage rating of 400 volts or less and a minimum surge dissipation of 450 joules. The surge suppressor must be electrically rated for 120 volts AC and 15 amps.
12. Keep the power cord and the surge suppressor away from heated surfaces.

13. Never move the walking belt while the power is turned off. Do not operate the treadmill if the power cord or plug is damaged, or if the treadmill is not working properly. (See **BEFORE YOU BEGIN** on page 4 if the treadmill is not working properly.)
14. Never start the treadmill while you are standing on the walking belt. Always hold the handrails while using the treadmill.
15. The treadmill is capable of high speeds. Adjust the speed in small increments to avoid sudden jumps in speed.
16. To reduce the possibility of the treadmill overheating, do not operate the treadmill continuously for longer than 1 hour.
17. Never leave the treadmill unattended while it is running. Always remove the key when the treadmill is not in use.
18. Do not attempt to raise, lower, or move the treadmill until it is properly assembled. (See

ASSEMBLY on pages 5 and 6, and **HOW TO MOVE THE TREADMILL** on page 10.) You must be able to safely lift 45 pounds (20 kg) to raise, lower, or move the treadmill.

19. When folding or moving the treadmill, make sure that the storage latch is fully closed.
20. Inspect and tighten all parts of the treadmill every three months.
21. Never insert any object into any opening.
22. Always unplug the power cord before performing the maintenance and adjustment procedures described in this manual. Never remove the motor hood unless instructed to do so by an authorized service representative. Servicing other than the procedures in this manual should be performed by an authorized service representative only.
23. This treadmill is intended for in-home use only. Do not use this treadmill in any commercial, rental, or institutional setting.

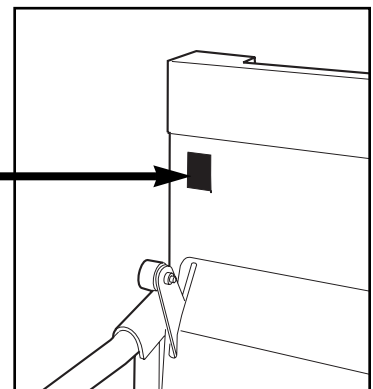
⚠ WARNING: Before beginning this or any exercise program, consult your physician. This is especially important for persons over the age of 35 or persons with pre-existing health problems. Read all instructions before using. SEARS assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

SAVE THESE INSTRUCTIONS

The decal shown at the right has been placed on your treadmill. If the decal is missing, or if it is not legible, please call our toll-free **HELPLINE** to order a free replacement decal (see the back cover of this manual). Apply the decal in the location shown.

⚠ WARNING

- Never allow children to play on or around treadmill.
- Storage latch must be fully engaged before treadmill is moved or stored.



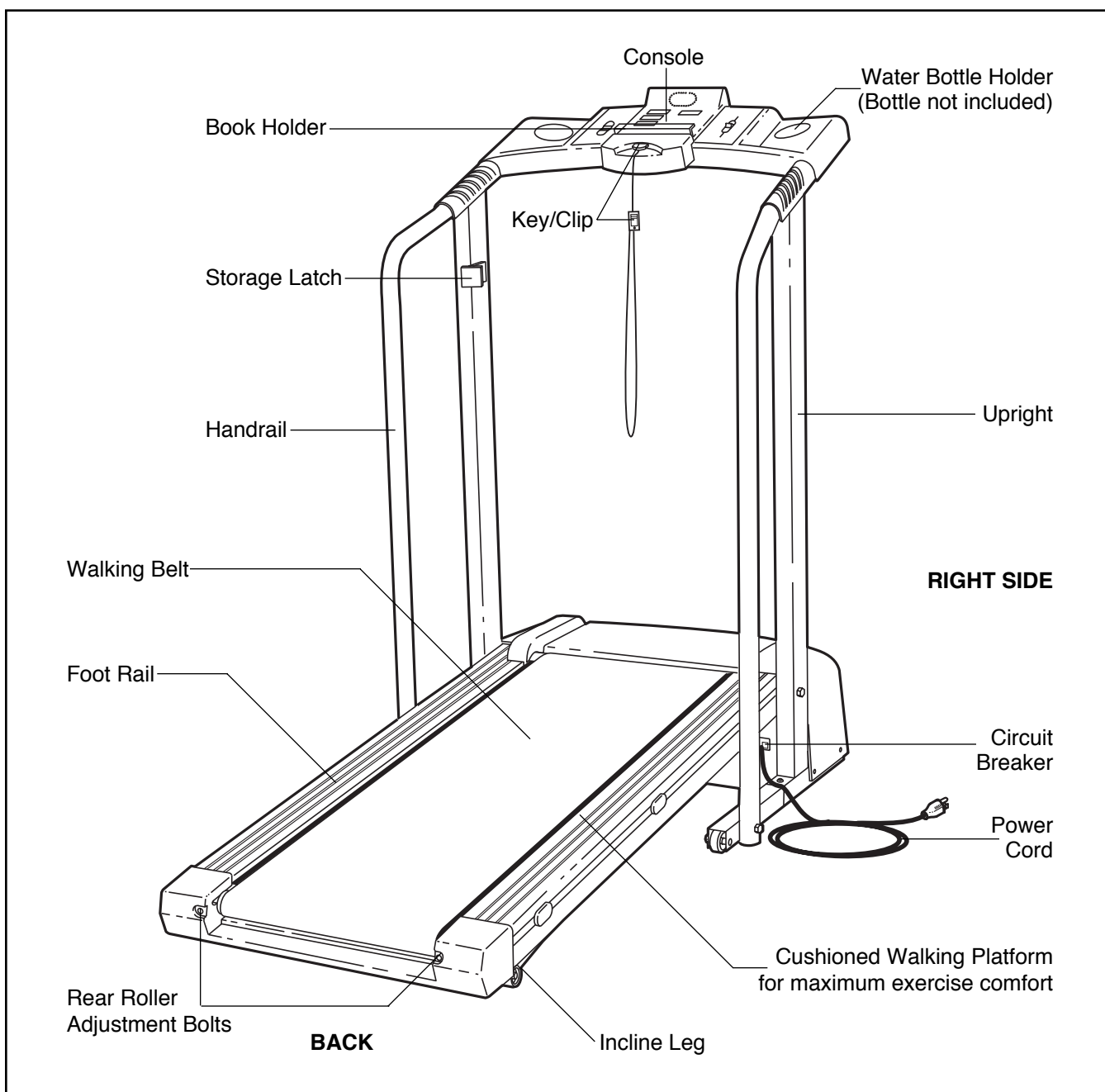
BEFORE YOU BEGIN

Thank you for selecting the new PROFORM® J4i treadmill. The J4i treadmill combines advanced technology with innovative design to let you enjoy an excellent form of cardiovascular exercise in the convenience and privacy of your home. And when you're not exercising, the unique J4i can be folded up, requiring less than half the floor space of other treadmills.



For your benefit, read this manual carefully before using the treadmill. If you have additional questions, please call our toll-free HELPLINE at 1-800-736-6879,

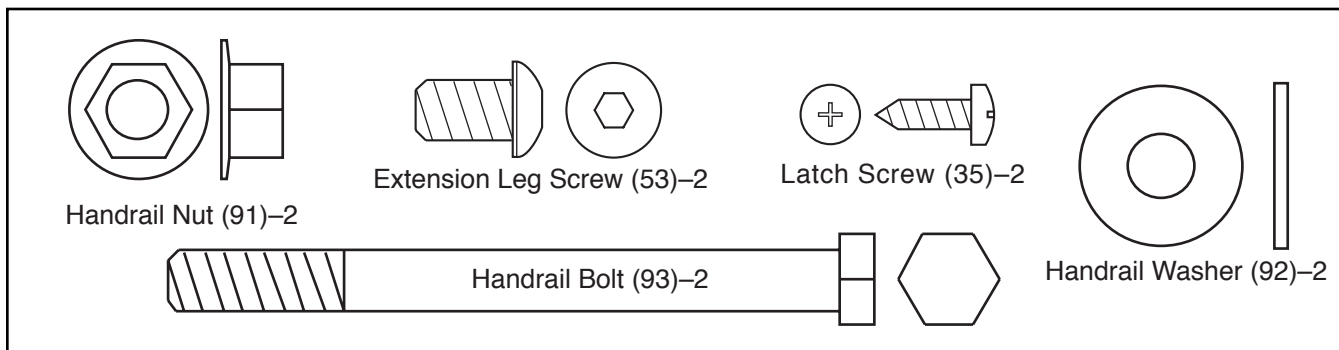
Monday through Saturday, 7 a.m. until 7 p.m. Central Time (excluding holidays). To help us assist you, please note the product model number and serial number before calling. The model number of the treadmill is 831.297212. The serial number can be found on a decal attached to the treadmill (see the front cover of this manual for the location).

Before reading further, please review the drawing below and familiarize yourself with the parts that are labeled.



ASSEMBLY

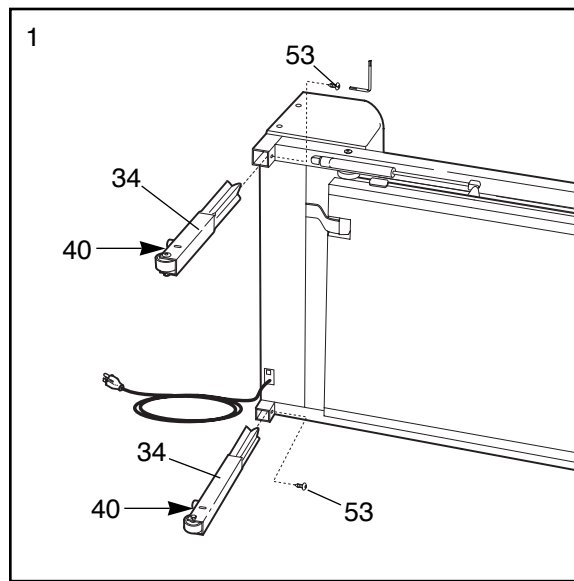
Assembly requires two people. Set the treadmill in a cleared area and remove all packing materials. Do not dispose of the packing materials until assembly is completed. **Assembly requires the included allen wrench and your own phillips screwdriver**  **and two adjustable wrenches**  **(not included).**



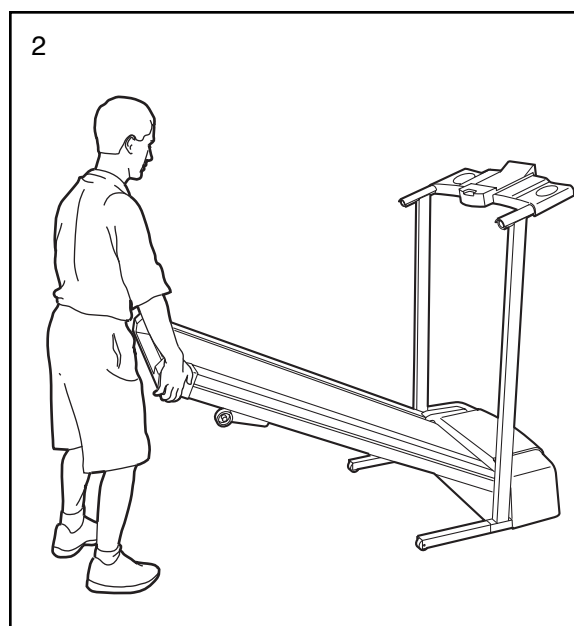
1. With the help of a second person, carefully lay the treadmill on its right side. Insert one of the Extension Legs (34) into the treadmill as shown. Make sure that the Base Pad (40) is on the indicated side of the Extension Leg. Attach the Extension Leg with an Extension Leg Screw (53). **Be sure to push on the head of the Extension Leg Screw while tightening it.**

Attach the other Extension Leg (34) as described above.

With the help of a second person, carefully raise the treadmill to the upright position so that both Extension Legs (34) are resting flat on the floor.

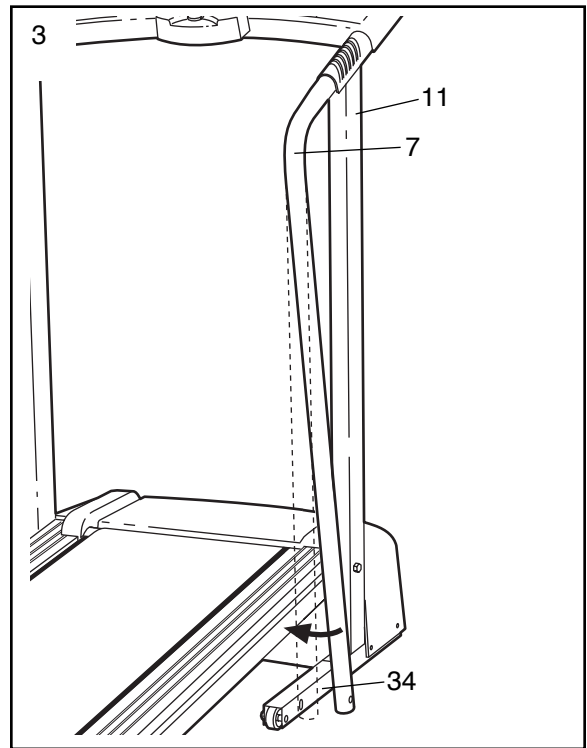


2. Hold the treadmill firmly with both hands, and lower the treadmill to the floor. **To decrease the possibility of injury, bend your legs and keep your back straight.**



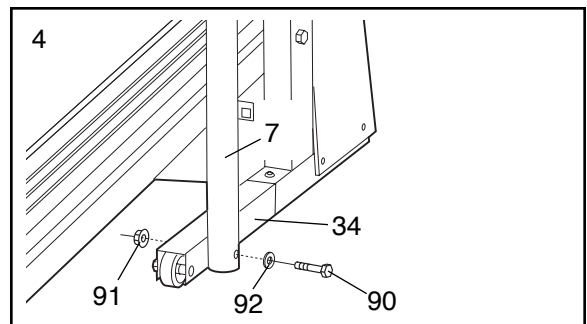
3. Hold the Right Handrail (7) at an angle as shown and insert the upper end into the Right Upright (11). **Keep the lower end of the Handrail away from the treadmill to avoid scratching the finish.** Next, rotate the lower end of the Handrail to the position shown by the dotted line.

Make sure that the hole in the lower end of the Right Handrail (7) is aligned with the hole in the Extension Leg (34). If the holes are not aligned, rotate the Handrail away from the treadmill and pull the upper end of the Handrail out of the Upright (11) slightly. Then, rotate the Handrail back to the position shown by the dotted line. Repeat until the holes are aligned.

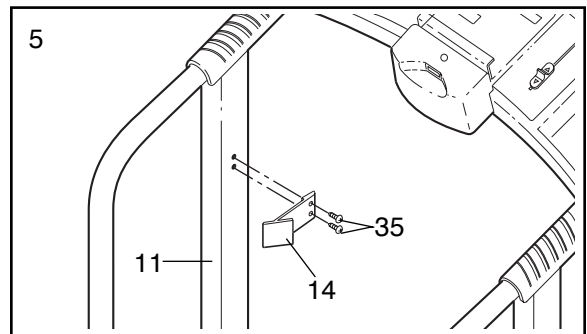


4. Attach the Right Handrail (7) to the Extension Leg (34) with a Handrail Bolt (90), a Handrail Washer (92) and a Handrail Nut (91).

Repeat steps 3 and 4 to attach the Left Handrail (not shown).

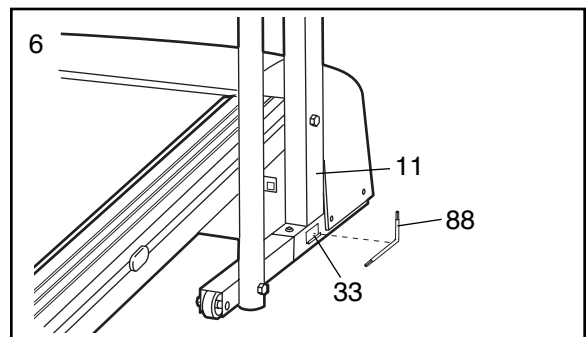


5. Attach the Storage Latch (14) to the left Upright (11) with two Latch Screws (35). **Be careful not to overtighten the Latch Screws.**



6. Remove the backing from the Adhesive Clip (33). Press the Adhesive Clip onto the right Upright (11) in the indicated location. Press the Allen Wrench (88) into the Adhesive Clip.

7. **Make sure that all parts are tightened before you use the treadmill.** To protect the floor or carpet, place a mat under the treadmill.



OPERATION AND ADJUSTMENT

THE PERFORMANT LUBE™ WALKING BELT

Your treadmill features a walking belt coated with PERFORMANT LUBE™, a high-performance lubricant.

IMPORTANT: Never apply silicone spray or other substances to the walking belt or the walking platform. Such substances will deteriorate the walking belt and cause excessive wear.

HOW TO PLUG IN THE POWER CORD

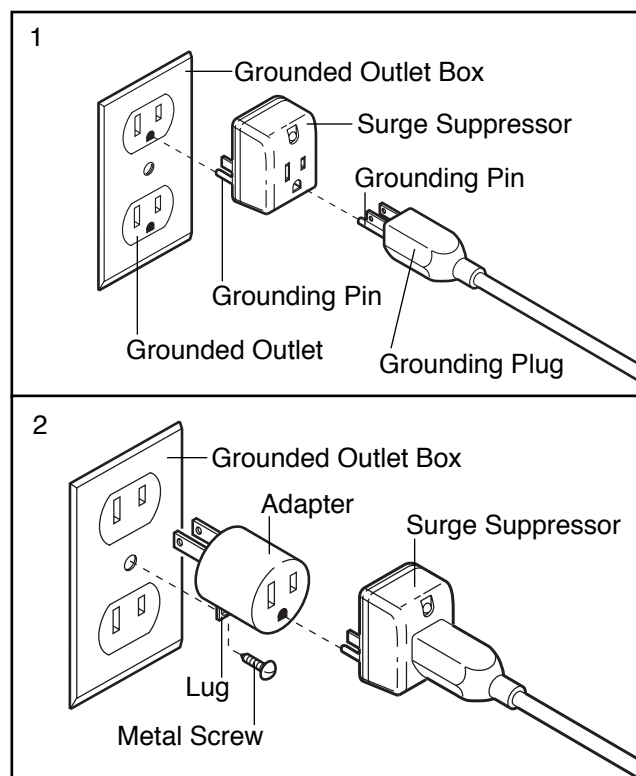
⚠ DANGER: Improper connection of the equipment-grounding conductor can result in an increased risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product—if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

Your treadmill, like any other type of sophisticated electronic equipment, can be seriously damaged by sudden voltage changes in your home's power. Voltage surges, spikes, and noise interference can result from weather conditions or from other appliances being turned on or off. **To decrease the possibility of your treadmill being damaged, always use a surge suppressor with your treadmill (see drawing 1 at the right).**

Surge suppressors are sold at most hardware stores and department stores. Use only a single-outlet surge suppressor that is UL 1449 listed as a transient voltage surge suppressor (TVSS). The surge suppressor must have a UL suppressed voltage rating of 400 volts or less and a minimum surge dissipation of 450 joules. The surge suppressor must be electrically rated for 120 volts AC and 15 amps.

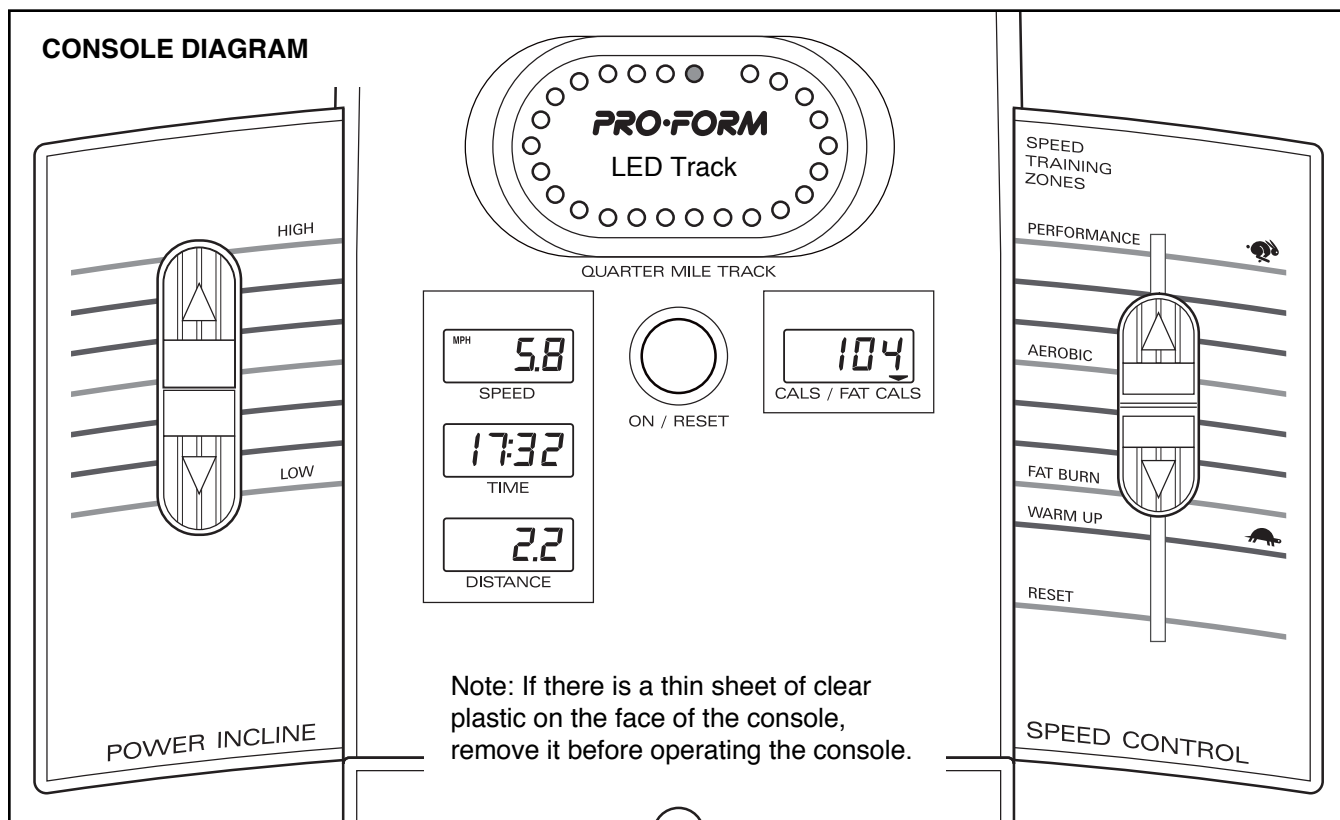
This product must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. **Plug the power cord into a surge suppressor, and plug the surge suppressor into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.**

This product is for use on a nominal 120-volt circuit, and has a grounding plug that looks like the plug illustrated in drawing 1 below. A temporary adapter that looks like the adapter illustrated in drawing 2 may be used to connect the surge suppressor to a 2-pole receptacle as shown in drawing 2 if a properly grounded outlet is not available.



The temporary adapter should be used only until a properly grounded outlet (drawing 1) can be installed by a qualified electrician.

The green-colored rigid ear, lug, or the like extending from the adapter must be connected to a permanent ground such as a properly grounded outlet box cover. Whenever the adapter is used it must be held in place by a metal screw. **Some 2-pole receptacle outlet box covers are not grounded. Contact a qualified electrician to determine if the outlet box cover is grounded before using an adapter.**

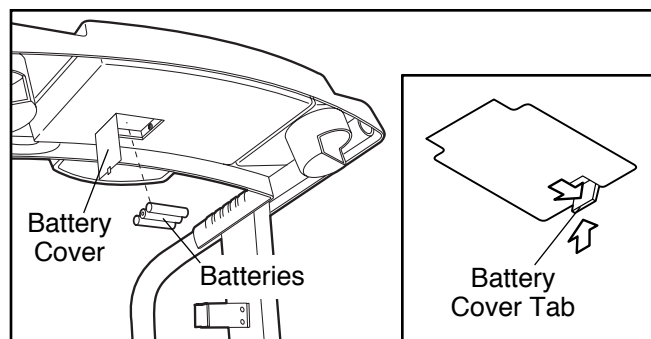


! CAUTION: Before operating the console, read the following precautions.

- Do not stand on the walking belt when turning on the power.
- Always wear the clip (see the drawing at the lower right) while using the treadmill. When the key is removed from the console, the walking belt will stop.
- Adjust the speed in small increments.
- The training zones marked beside the speed control are general guidelines only. See page 14 for more information.
- To reduce the possibility of electric shock, keep the console dry. Avoid spilling liquids on the console and use only a sealable water bottle.

BATTERY INSTALLATION

The console requires three "AA" batteries (not included). Alkaline batteries are recommended. Open the battery cover as shown in the drawing at the upper right. Insert three batteries into the battery compartment, making sure that the negative (-) ends of the

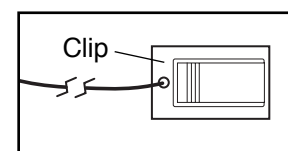


batteries are touching the springs in the battery compartment. Close the battery cover, push up on the battery cover tab, and then push the tab forward as shown in the inset drawing. Be sure that the tab locks into place.

STEP-BY-STEP CONSOLE OPERATION

Before operating the console, make sure that the power cord is properly plugged in. (See HOW TO PLUG IN THE POWER CORD on page 7.)

Next, step onto the foot rails of the treadmill. Find the clip attached to the key, and slide the clip onto the waistband of your clothing.

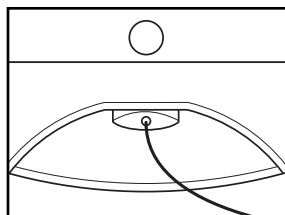


Follow the steps on the page 9 to operate the console.

1 Insert the key fully into the power switch.

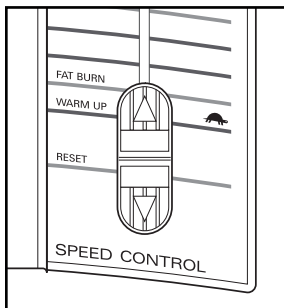
Inserting the key will not turn on the displays. The displays will turn on when the ON/RESET button is pressed or when the walking belt is started.

Note: If you just installed batteries, the displays will already be on.



2 Reset the speed control.

Slide the speed control down to the RESET position. **Note: Each time the walking belt is stopped, the speed control must be moved to the RESET position before the walking belt can be restarted.**



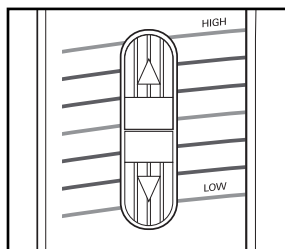
3 Start the walking belt.

After you have moved the speed control to the RESET position, slowly slide it upward until the walking belt begins to move at slow speed. Carefully step onto the walking belt and begin exercising. Change the speed of the walking belt as desired by sliding the speed control.

To stop the walking belt, step onto the foot rails and slide the speed control to the RESET position.

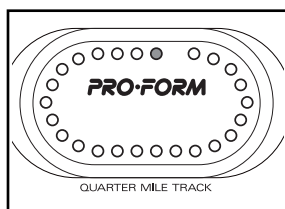
4 Adjust the incline of the treadmill as desired.

To change the incline of the treadmill, press the top or bottom of the incline control until the desired incline level is reached.



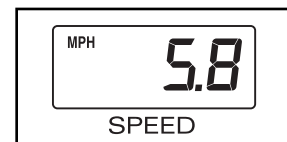
5 Follow your progress with the LED track and the four displays.

The LED track—The track in the center of the console represent a distance of 1/4 mile. As you exercise, the indicators around the track will light one at a time



until you have completed 1/4 mile. A new lap will then begin.

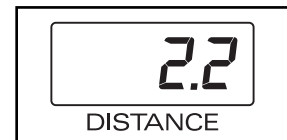
SPEED display—This display shows the speed of the walking belt, in miles per hour.



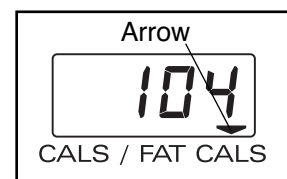
TIME display—This display shows the elapsed time.



DISTANCE display—This display shows the distance that you have walked or run, in miles.

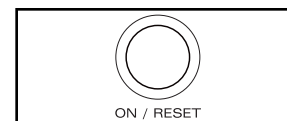


CALS/FAT CALS display—This display shows the approximate numbers of *calories* and *fat calories* you have burned. (See FAT BURNING on page 14.)



Every seven seconds, the display will change from one number to the other. Arrows in the display will indicate which number is currently shown.

To reset the displays at any time, press the ON/RESET button.



6 When you are finished exercising, stop the walking belt and remove the key.

Step onto the foot rails, stop the walking belt and remove the key from the console. The displays will turn off about five minutes after the key is removed.

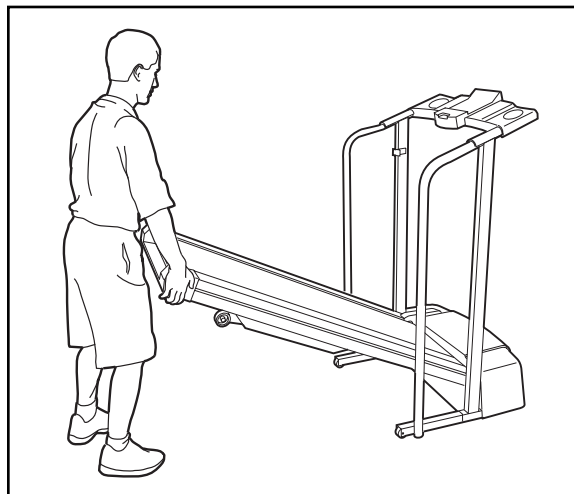
Note: To conserve the batteries, the displays will automatically turn off any time that the walking belt is stopped and the ON/RESET button is not pressed for five minutes.

HOW TO FOLD AND MOVE THE TREADMILL

HOW TO FOLD THE TREADMILL FOR STORAGE

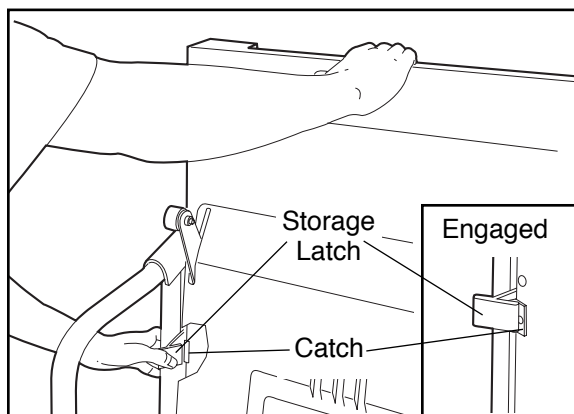
Before folding the treadmill, unplug the power cord. **Caution:** You must be able to safely lift 45 pounds (20 kg) in order to raise, lower, or move the treadmill.

1. Hold the treadmill with your hands in the locations shown at the right. **To decrease the possibility of injury, bend your legs and keep your back straight. As you raise the treadmill, make sure to lift with your legs rather than your back.** Raise the treadmill about halfway to the vertical position.



2. Move your right hand to the position shown and hold the treadmill firmly. Raise the treadmill until the storage latch closes over the catch. **Make sure that the storage latch is fully engaged over the catch.**

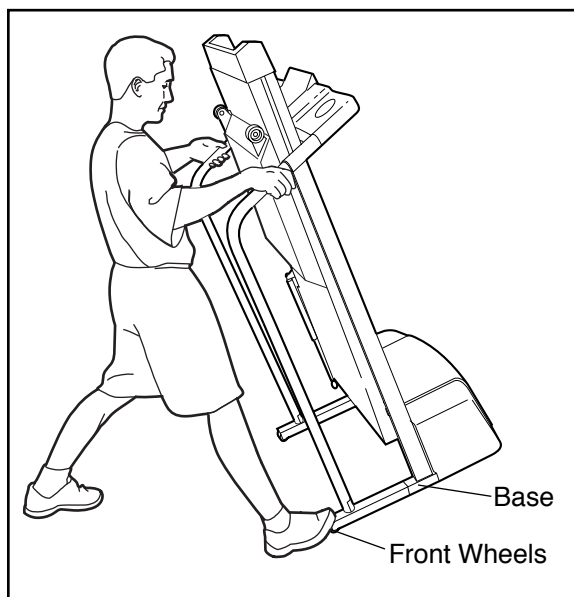
To protect the floor or carpet from damage, place a mat under the treadmill. Keep the treadmill out of direct sunlight. Do not leave the treadmill in the storage position in temperatures above 85° Fahrenheit.



HOW TO MOVE THE TREADMILL

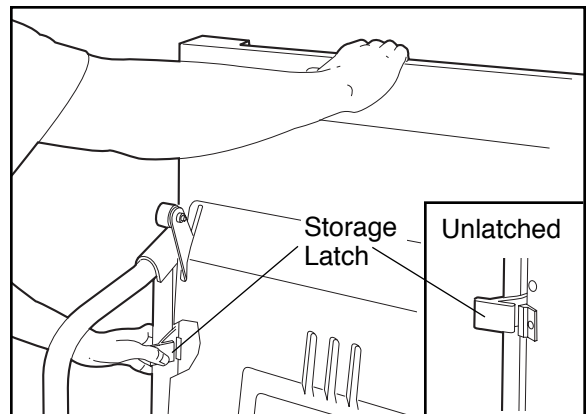
Before moving the treadmill, convert the treadmill to the storage position as described above. **Make sure that the storage latch is closed fully over the catch.**

1. Hold the upper ends of the handrails. Place one foot on the base as shown.
2. Tilt the treadmill back until it rolls freely on the front wheels. Carefully move the treadmill to the desired location. **Never move the treadmill without tipping it back. To reduce the risk of injury, use extreme caution while moving the treadmill. Do not move the treadmill over an uneven surface.**
3. Place one foot on the base, and carefully lower the treadmill until it is resting in the storage position.

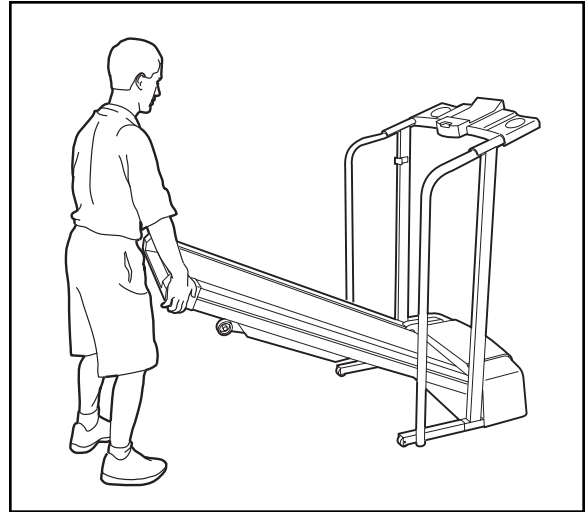


HOW TO LOWER THE TREADMILL FOR USE

1. Hold the upper end of the treadmill with your right hand as shown. Using your left thumb, press the storage latch and hold it. Pivot the treadmill until the frame and foot rail are past the storage latch.



2. Hold the treadmill firmly with both hands, and lower the treadmill to the floor. **To decrease the possibility of injury, bend your legs and keep your back straight.**

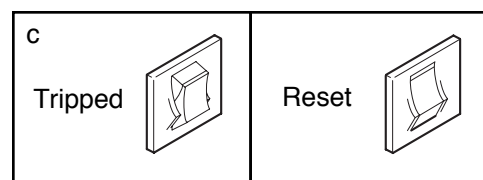


TROUBLE-SHOOTING

Most treadmill problems can be solved by following the simple steps below. Find the symptom that applies, and follow the steps listed. If further assistance is needed, call our toll-free HELPLINE at 1-800-736-6879, Monday through Saturday, 7 a.m. until 7 p.m. Central Time (excluding holidays).

1. SYMPTOM: THE POWER DOES NOT TURN ON

- Make sure that the power cord is plugged into a surge suppressor, and that the surge suppressor is plugged into a properly grounded outlet (see page 7). Use only a single-outlet surge suppressor that is UL 1449 listed as a transient voltage surge suppressor (TVSS). The surge suppressor must have a UL suppressed voltage rating of 400 volts or less and a minimum surge dissipation of 450 joules. The surge suppressor must be electrically rated for 120 volts AC and 15 amps.
- After the power cord has been plugged in, make sure that the key is fully inserted into the console. See step 1 on page 9.
- Check the circuit breaker located on the treadmill near the power cord. If the switch protrudes as shown, the circuit breaker has tripped. To reset the circuit breaker, wait for five minutes and then press the switch back in.

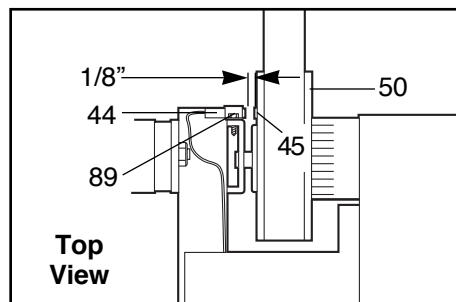


2. SYMPTOM: THE POWER TURNS OFF DURING USE

- Check the circuit breaker located on the treadmill frame near the power cord (see 1. c. above). If the circuit breaker has tripped, wait for five minutes and then press the switch back in.
- Make sure that the power cord is plugged in.
- Remove the key from the console. Reinsert the key fully into the console. See step 1 on page 9.
- If the treadmill still will not run, please call our toll-free HELPLINE.

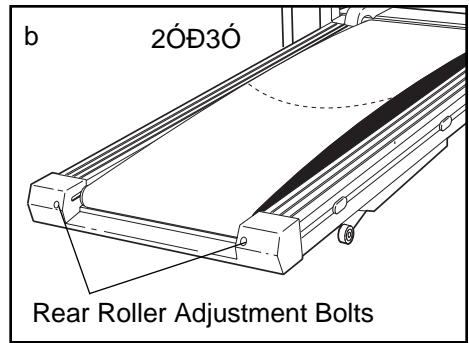
3. SYMPTOM: THE DISPLAYS OF THE CONSOLE DO NOT FUNCTION PROPERLY

- Check the batteries in the console. See BATTERY INSTALLATION on page 8. Most problems are the result of drained batteries.
- Remove the six screws from the hood. Carefully remove the hood. Locate the Reed Switch (44) and the Magnet (45) on the left side of the Pulley (50). Turn the Pulley until the Magnet is aligned with the Reed Switch. **Make sure that the gap between the Magnet and the Reed Switch is about 1/8".** If necessary, loosen the Screw (89) and move the Reed Switch slightly. Retighten the Screw. Re-attach the hood, and run the treadmill for a few minutes to check for a correct speed reading.



4. SYMPTOM: THE WALKING BELT SLOWS WHEN WALKED ON

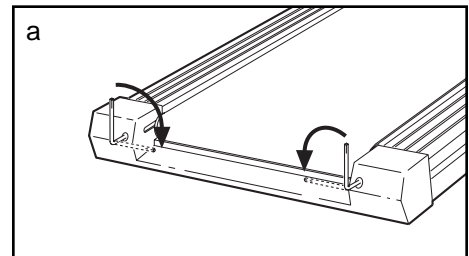
- a. Use only a UL-listed surge protector, rated at 15 amps, with a 14-gauge cord of five feet or less in length.
- b. If the walking belt is overtightened, treadmill performance may decrease and the walking belt may be permanently damaged. Remove the key and UNPLUG THE POWER CORD. Using the allen wrench, turn both rear roller adjustment bolts counterclockwise, 1/4 of a turn. When the walking belt is properly tightened, you should be able to lift each side of the walking belt 2 to 3 inches off the walking platform. The center of the walking belt should just touch the walking platform. Be careful to keep the walking belt centered. Plug in the power cord, insert the key and run the treadmill for a few minutes. Repeat until the walking belt is properly tightened.



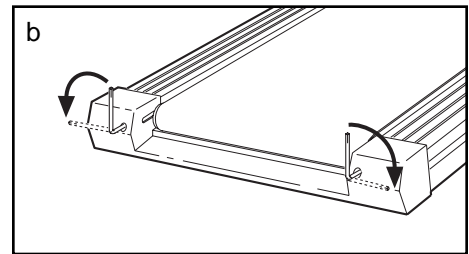
- c. If the walking belt still slows when walked on, please call our toll-free HELPLINE.

5. SYMPTOM: THE WALKING BELT IS OFF-CENTER WHEN WALKED ON

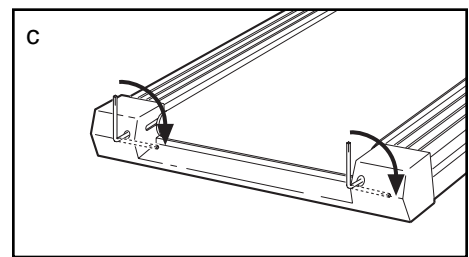
- a. If the walking belt has shifted to the left, first remove the key and UNPLUG THE POWER CORD. Using the allen wrench, turn the left rear roller adjustment bolt clockwise, and the right bolt counterclockwise, 1/4 of a turn each. Be careful not to overtighten the walking belt. Plug in the power cord, insert the key and run the treadmill for a few minutes. Repeat until the walking belt is centered.



- b. If the walking belt has shifted to the right, first remove the key and UNPLUG THE POWER CORD. Using the allen wrench, turn the left rear roller adjustment bolt counterclockwise, and the right bolt clockwise, 1/4 of a turn each. Be careful not to overtighten the walking belt. Plug in the power cord, insert the key and run the treadmill for a few minutes. Repeat until the walking belt is centered.



- c. If the walking belt slips when walked on, first remove the key and UNPLUG THE POWER CORD. Using the allen wrench, turn both rear roller adjustment bolts clockwise, 1/4 of a turn. When the walking belt is correctly tightened, you should be able to lift each side of the walking belt 2 to 3 inches off the walking platform. Be careful to keep the walking belt centered. Plug in the power cord, insert the key and run the treadmill for a few minutes. Repeat until the walking belt is properly tightened.



PART LIST—Model No. 831.297212

R1098A

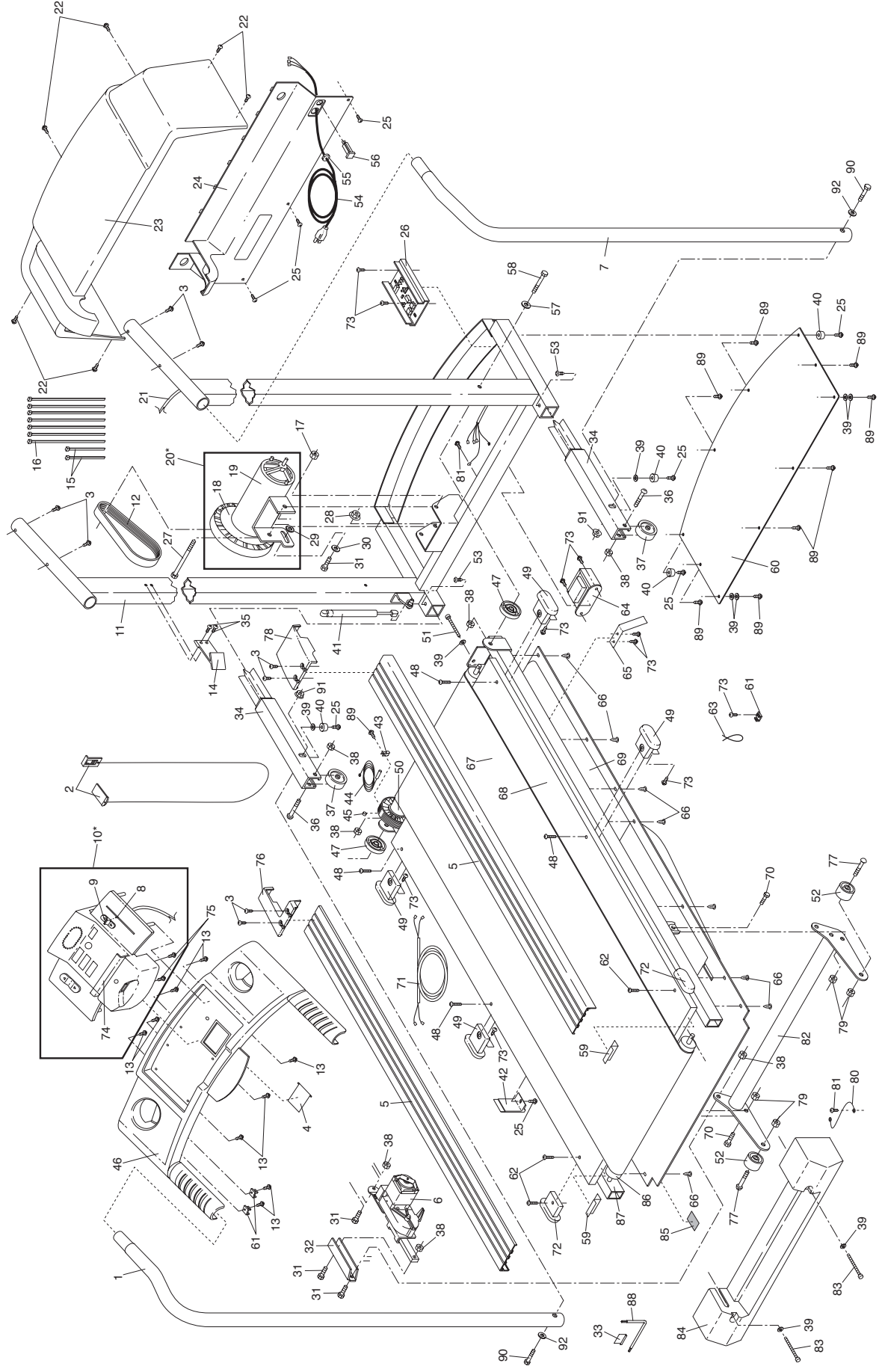
| Key No. | Qty. | Description | Key No. | Qty. | Description |
|---------|------|-----------------------------|---------|------|-----------------------------------|
| 1 | 1 | Left Handrail | 51 | 1 | Front Roller Adj. Bolt |
| 2 | 1 | Key/Clip | 52 | 2 | Incline Wheel |
| 3 | 8 | Screw | 53 | 2 | Extension Leg Screw |
| 4 | 1 | Battery Cover | 54 | 1 | Power Cord |
| 5 | 2 | Foot Rail | 55 | 1 | Power Cord Grommet |
| 6 | 1 | Lift Motor | 56 | 1 | Circuit Breaker |
| 7 | 1 | Right Handrail | 57 | 2 | Frame Pivot Washer |
| 8 | 1 | Speed Potentiometer | 58 | 2 | Frame Pivot Bolt |
| 9 | 1 | Speed Control Knob | 59 | 2 | Roller Guard |
| 10* | 1 | Console Assembly | 60 | 1 | Motor Belly Pan |
| 11 | 1 | Upright Base | 61 | 6 | Cable Tie Clamp |
| 12 | 1 | Motor Belt | 62 | 4 | Rear Platform Screw |
| 13 | 9 | Small Screw | 63 | 1 | Releasable Tie |
| 14 | 1 | Storage Latch | 64 | 1 | Choke |
| 15 | 2 | 4" Cable Tie | 65 | 2 | Belt Guide |
| 16 | 7 | 8" Cable Tie | 66 | 12 | Belly Pan Fastener |
| 17 | 1 | Motor Swivel Nut | 67 | 1 | Walking Belt |
| 18 | 1 | Pulley/Flywheel/Fan | 68 | 1 | Walking Platform |
| 19 | 1 | Motor | 69 | 1 | Belly Pan |
| 20* | 1 | Motor/Pulley/Flywheel/Fan | 70 | 2 | Incline Leg Bolt |
| 21 | 1 | Wire Harness | 71 | 1 | Incline Wire Harness |
| 22 | 6 | Hood Screw | 72 | 2 | Rear Isolator |
| 23 | 1 | Motor Hood | 73 | 16 | Isolator Screw/Electronic Screw |
| 24 | 1 | Hood Shield | 74 | 1 | Book Rack |
| 25 | 8 | Small Screw | 75 | 2 | Book Rack Screw |
| 26 | 1 | Controller | 76 | 1 | Left Front Endcap |
| 27 | 1 | Motor Swivel Bolt | 77 | 2 | Incline Wheel Bolt |
| 28 | 1 | Motor Tension Nut | 78 | 1 | Right Front Endcap |
| 29 | 1 | Motor Tension Star Washer | 79 | 4 | Incline Wheel Nut |
| 30 | 1 | Motor Tension Washer | 80 | 1 | Ground Wire |
| 31 | 4 | Motor Tension Bolt/Leg Bolt | 81 | 2 | Ground Screw |
| 32 | 1 | Lift Extension Bar | 82 | 1 | Incline Leg |
| 33 | 1 | Adhesive Clip | 83 | 2 | Rear Roller Adj. Bolt |
| 34 | 2 | Extension Leg | 84 | 1 | Rear Endcap |
| 35 | 2 | Latch Screw | 85 | 1 | Latch Decal |
| 36 | 2 | Wheel Bolt | 86 | 1 | Rear Roller |
| 37 | 2 | Wheel | 87 | 1 | Frame |
| 38 | 7 | Wheel Nut/Lift Nut | 88 | 1 | Allen Wrench |
| 39 | 9 | Washer | 89 | 9 | Reed Switch Screw/Belly Pan Screw |
| 40 | 4 | Base Pad | 90 | 2 | Handrail Bolt |
| 41 | 1 | Shock | 91 | 2 | Handrail Nut |
| 42 | 1 | Latch Catch | 92 | 2 | Handrail Washer |
| 43 | 1 | Reed Switch Clip | # | 1 | 8" Blue Wire, Male/Female |
| 44 | 1 | Reed Switch | # | 1 | 8" Red Wire, Male/Female |
| 45 | 1 | Magnet | # | 1 | 8" White Wire, Pigtail |
| 46 | 1 | Console Base | # | 1 | 8" Blue Wire, Pigtail |
| 47 | 2 | Frame Pivot Spacer | # | 1 | User's Manual |
| 48 | 4 | Platform Screw | | | |
| 49 | 4 | Isolator | | | |
| 50 | 1 | Front Roller/Pulley | | | |

* Includes all parts shown in the box

These parts are not illustrated

EXPLODED DRAWING—Model No. 831.297212

R1098A





Model No. 831.297212

QUESTIONS?

If you find that:

- **you need help assembling or operating the PROFORM J4i treadmill**
- **a part is missing**
- **or you need to schedule repair service**

call our toll-free HELPLINE

1-800-736-6879

**Monday–Saturday, 7 am–7 pm
Central Time (excluding holidays)**

REPLACEMENT PARTS

If parts become worn and need to be replaced, call the following toll-free number

**1-800-FON-PART
(1-800-366-7278)**

The model number and serial number of your PROFORM® J4i treadmill are listed on a decal attached to the frame. See the front cover of this manual to find the location of the decal.

All replacement parts are available for immediate purchase or special order when you visit your nearest SEARS Service Center. To request service or to order parts by telephone, call the toll-free numbers listed at the left.

When requesting help or service, or ordering parts, please be prepared to provide the following information:

- The NAME OF THE PRODUCT (PROFORM® J4i treadmill)
- The MODEL NUMBER OF THE PRODUCT (831.297212)
- The KEY NUMBER AND DESCRIPTION OF THE PART (see the EXPLODED DRAWING and PART LIST included in this manual)

FULL 90 DAY WARRANTY

For 90 days from the date of purchase, if failure occurs due to defect in material or workmanship in this SEARS TREADMILL EXERCISER, contact the nearest SEARS Service Center throughout the United States and SEARS will repair or replace the TREADMILL EXERCISER, free of charge.

This warranty does not apply when the TREADMILL EXERCISER is used commercially or for rental purposes.

This warranty gives you specific legal rights, and you may also have other rights which vary from state to state.

SEARS, ROEBUCK AND CO., DEPT. 817WA, HOFFMAN ESTATES, IL 60179